

Engage: Do You Feel What I Feel?

Domestic abuse can have a profound effect on children. The impact on children's physical, behavioural, emotional, and social development can last a lifetime.

The issue of domestic abuse and children can be incredibly difficult to tackle – for parents and carer as well as professionals. Play therapy and other counselling programmes can make a huge difference in the way children who have witnessed domestic abuse can learn to cope with what they have experienced.

And that's where Monkey Bob can help. Monkey Bob is a colourful character at the heart of the Do You Feel What I Feel? toolkit. Monkey Bob has been used successfully with parents and professionals alike to encourage children to engage with their feelings.

What to expect:

If you attend the Engage: Do You Feel What I Feel? intervention, you'll get practical training and resources to support children's emotional wellbeing. Through an interactive session, you'll gain a thorough understanding of the toolkit and learn effective strategies for engaging children aged 2 to 7 in conversations about emotions.

You'll leave equipped with the toolkit and the skills to create supportive environments that nurture emotional resilience and positive mental health in children.

You will:

- Understand the Engage Approach: Gain valuable insights into Domestic Abuse
- Expert's proven strategic approach to ending domestic abuse.
- Master the Toolkit: Gain comprehensive knowledge of the "Do You Feel What I Feel?" intervention toolkit, including its principles, strategies, and facilitation methods.
- Support Child Safety: Develop skills to help children aged 4-7 understand and maintain safety.
- Facilitate Emotional Discussions: Learn effective techniques for initiating conversations about feelings with safe adults.
- Understand Key Messages: Develop a thorough understanding of Monkey Bob's key messages and how to communicate them effectively.

Suitable for:

Anyone working with children aged 4-7 or children and young people with special educational needs.

Delivery details:

Format: Face to Face or Online

Time: 6 hours

Participants: Maximum 15

Find out more: training@mycwa.org.uk