

Engage: Tandem

Every day, countless families contend with the challenges of Child and Adolescent to Parent Violence and Abuse (CAPVA), a complex and often hidden issue that disrupts homes and leaves parents and carers feeling helpless.

Recognising the urgent need for specialised support, our team at MyCWA has dedicated years to understanding and addressing this critical issue. Through our competency-based training, we equip professionals with the confidence and skills necessary to effectively support families experiencing CAPVA.

What to expect:

This immersive two-day training delves into the Engage Approach, and provides a comprehensive overview of CAPVA and its contributing factors. You will enhance your practice with a trauma-informed approach and apply Motivational Interviewing techniques to engage with affected families. The training covers recognising signs and risk factors, understanding legal considerations, and emphasising the importance of self-care for professionals in this demanding field.

You will:

- Understand the Engage Approach: Gain valuable insights into Domestic Abuse Expert's proven strategic approach to ending domestic abuse.
- Learn about CAPVA: understand the contributing factors, signs and risks of CAPVA, and how to apply a Trauma-Informed approach to support impacted families.
- Manage Risk and Safety Planning: Develop skills in assessing and managing risks, and creating effective safety plans for families.
- Employ Conflict Resolution Strategies: Gain techniques to resolve conflicts and build resilience within families.

Suitable for:

Domestic abuse services and professionals, family support workers and services, children's social care, educational settings, youth justice teams.

Delivery details:

Format: Face to Face

Time: 2 days

Participants: Maximum 15

Find out more: training@mycwa.org.uk