

Engage: Trans & Non-Binary Experience of Domestic Abuse

Living with domestic abuse is a devastating reality for many, affecting one in two trans and non-binary people in the UK over their lifetime.

Trans and non-binary people face disproportionately high rates of domestic abuse, yet often experience significant barriers when accessing support. This training equips professionals with the knowledge, language and confidence needed to respond in an inclusive, trauma-informed way. By deepening our understanding of the unique challenges faced by trans and non-binary individuals, we can provide safer, more respectful, and more effective support to those who need it most.

What to expect:

This comprehensive training will explore the experiences of trans and non-binary people in the context of domestic abuse. You'll leave with greater awareness, useful resources, and practical strategies for creating safer environments and responding confidently to disclosures.

You will:

- **Understand the Experiences of Trans and Non-Binary People:** Learn about the unique forms of domestic abuse faced by trans and non-binary individuals, and how these differ from mainstream narratives.
- **Explore Legal Protections and Definitions:** Gain clarity on current domestic abuse legislation and the legal rights and protections for trans and non-binary people.
- **Recognise the Impact of Intersectionality:** Understand how overlapping identities influence the experience of abuse and access to support.
- **Identify Barriers to Support:** Explore the specific challenges trans and non-binary people face when seeking help, and how services can unintentionally exclude them.
- **Respond with Confidence and Compassion:** Develop skills to respond in a trauma-informed, inclusive way that builds trust and safety.
- **Improve Inclusive Practice:** Take away practical steps to make your service more accessible, respectful, and affirming for trans and non-binary individuals.

Suitable for:

This training is suitable for professionals who are looking to improve their understanding of LGBTQ+ experiences of abuse and are committed to making their services more inclusive and affirming.

Delivery details:

Format: Face to Face or Online

Time: 2.5 hours

Participants: Maximum 15

Find out more: training@mycwa.org.uk