

Engage: Understanding and Responding to Domestic Abuse

Living with domestic abuse is a devastating reality for many, affecting one in four women and one in six men in the UK over their lifetimes (ONS data). With over 14,000 daily calls to the national UK domestic abuse helpline each month*, the need for widespread awareness and action has never been more urgent.

Domestic abuse isn't a private issue – it's everyone's responsibility. By mastering the fundamentals and learning how to respond effectively, you can help build safer communities now, and a safer future for the next generation.

What to expect:

This comprehensive training covers key elements of domestic abuse, including its definition, types, and patterns, as well as the effects it has on victims. You will also gain skills and increased confidence in assessing risk and creating effective safety plans tailored to individual needs.

You will:

- Understand the Engage Approach: Gain valuable insights into Domestic Abuse Expert's proven strategic approach to ending domestic abuse.
- Master the fundamentals of domestic abuse: Gain a comprehensive understanding of its definition, types, and patterns.
- Assess risk confidently: Learn how to evaluate and determine the level of risk in domestic abuse scenarios.
- Create effective safety plans: Develop and implement safety plans that cater to the unique needs of those affected by domestic abuse.
- Build your response skills: Enhance your ability to respond appropriately and supportively to victims of domestic abuse using trauma-informed practice.

Suitable for:

This training is suitable for professionals with an interest in building their knowledge and confidence in domestic abuse. This may include non-profits and charities, family support workers, schools and educational settings, housing teams etc.

Delivery details:

Format: Face to Face or Online

Time: 3 hours

Participants: Maximum 15

Find out more: training@mycwa.org.uk

*The UK National Domestic Abuse Helpline received 171,490 contacts in the year ending March 2023. This equates to approximately 470 calls per day. Other services – e.g. Respect Men's Advice Line, Welsh Women's Aid – also handle significant volumes of calls, emails, and webchats, highlighting the widespread need for support and intervention (Women's Aid) (Office for National Statistics (ONS)).